

The Laurentian

525 Saint Lawrence Street, Oshawa, Ontario L1H 7V8

Building Manager	Tel: 905.436.7686 Fax: 905.436.7686 Office: Main floor
Property Manager	Tel: 416.491.7600 Fax: 416.499.7274 Email: torontoeast@metcap.com
Security	Tel: 416.847.1177
Parking Control	Tel: 416.644.0333
After Hours Emergency	Tel: 416.340.0536
Laundry Hours	24 hr. facility
Police/Fire Emergency	Tel: 911
Police Non-Emergency	Tel: 905.579.1520
Fire Non-Emergency	Tel: 905.433.1237
Poison Control	Tel: 416.813.5900



MetCap Living Resident Helpline

1 877.METCAP.1
(1 877.638.2271)

Directory

Schools

St Michael's Catholic School	Tel: 905.728.5333
Holy Cross School	Tel: 905.725.5732
St. Thomas Aquinas Catholic School	Tel: 905.723.1921
S T Worden Public School	Tel: 905.436.0715
Paul Dwyer Catholic High School	Tel: 905.723.5255
Courtice Secondary School	Tel: 905.436.2074
St Joseph's Catholic School	Tel: 905.725.6751

Public Transportation

Durham Region Transit	Tel: 905.874.2999
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Daycare - Children's Place Daycare

Tel: 905.434.6925

Gibb Street Daycare

Tel: 905.404.8012

Community Centre

Valleyview Community Centre	Tel: 905.721.1957
Woodview Community Centre	Tel: 905.576.4903

Library

Oshawa Public Library	Tel: 905.579.6111
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Nearest Hospital

Lakeridge Health Corp	Tel: 905.576.8711
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Municipal Noise By-Law Office

Tel: 905.436.3852



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