

# Neighbours

SUMMER 2016

## Those Lazy-Hazy-Crazy Days Of Summer Are Here!

Raise your hand if you are ready for some summer fun! Summer is arguably one of the most joyous and carefree seasons. Is there anything more quintessentially summer than the sound of kids playing outside and the delicious smell of barbeque?

Like most of you, we here at MetCap are excited for the warmer months. We hope you and your family are having a safe and fun-filled summer so far.



## Spring Hope Food Drive

We want to take this opportunity to thank all tenants and staff for contributing to the Spring Hope Food Drive. We were able to make a big impact thanks to all of your generous contributions.

## Coffee with Councillor Marie Augimeri - Recap

Toronto Ward 9 City Councillor Marie Augimeri hosted a "Coffee with the Councillor" event for the 1303-1309 Wilson Ave. buildings on April 9th. The community really enjoyed meeting with Councillor Augimeri, and we were honoured to welcome her to the 1303-1309 Wilson Ave. buildings!



## Neighbours' Winter/Spring Contest Winner

Congratulations to the following winners of our Neighbours' Winter/Spring Contest. While they live in different parts of Canada, they all have one thing in common—their love of nature!

- ) Melody M. from Dartmouth, NS
- ) Lindsay and Nicole, Toronto, ON
- ) Rupa B., Burnaby, BC



## Important Numbers:

Fire and Medical Emergencies: 911  
 Resident Helpline: 1-877-638-2271  
 After Hours Emergencies: 1-866-511-0536  
 Office numbers (These are building specific. Please check with your management office for more information)



9500 Erickson Drive  
 Burnaby, British Columbia  
 V3J 1M8  
 Tel.: 604-421-0339

# Neighbours' Summer Contest

We want to know what your favourite summer recipe is!

Tell us for your chance to win a \$200 gift certificate.

Send us your entries before 15th September via email to [contest@metcap.com](mailto:contest@metcap.com) Or via mail to Dellah Neequaye at 260 Richmond St. East, Suite 300, Toronto, Ontario M5A 1P4.





### Keeping Our Building Pest Free

We all have to do our part to keep our buildings pest-free, including:

- ☀ Regularly checking your pets for fleas and ticks
- ☀ Ensuring all food is put away or covered
- ☀ Staying on top of dirty dishes. Did you know cockroaches love piles of dirty dishes in the sink?
- ☀ Keeping on top of cleaning and decluttering
- ☀ Checking your closets, furniture and storage spaces for pests
- ☀ Properly disposing of garbage on a regular basis
- ☀ Draining your sink
- ☀ Reporting holes under sinks or tears in screens to building management
- ☀ Keeping fruit in the fridge to prevent fruit flies
- ☀ Checking second-hand items for pests and eggs

If you see any pests in your unit, please report them to the building manager immediately.

Summer is also mosquito season. These pesky insects pack a mean bite and can also carry serious infections such as West Nile Virus. It is very important for all of us to do our part to help keep them at bay. The key is to find and remove any possible breeding grounds such as puddles of water in your balcony. Turn over or remove all water-holding containers such as jugs, planters and buckets from your balcony.

### Keeping Cool This Summer

Things can get real toasty in the summer time. Here are some ways you can stay cool:

- ☀ Keep your blinds and curtains shut during the day. This helps prevent the sun from overheating your home
- ☀ Use fans to keep rooms cool
- ☀ Consider leaving your balcony door and windows open to promote good ventilation
- ☀ Wear loose, light-coloured clothing
- ☀ Make use of building and community pools

### Staying Safe While Using Our Pools

Enjoying your building's pool is a great way to spend your summer days. However, we want to remind you to be mindful of safety while using the pools by:

- ☀ Making sure young children are always supervised by an adult
- ☀ Using flotation devices as needed
- ☀ Walking slowly and carefully around the pool area
- ☀ Watching out for other swimmers in the pool
- ☀ Using sunscreen and drinking lots of water
- ☀ Abiding by pool opening and closing times

We want everyone to enjoy themselves to the fullest, and encourage safe and responsible pool use.

### Poop 'n' Scoop

We want to remind all tenants to please clean up after their dogs. Please make sure you scoop up after your pet, and dispose in garbage receptacles.

### Maintenance Requests

Do you need assistance with a maintenance-related issue in your unit? Fill out and submit a Maintenance Request Form to your Resident Manager. The forms are available in your building's management office.

### Here We Grow Again!

We are pleased to welcome the following buildings to the MetCap family:

- ☀ 945 Huron Street, London ON
- ☀ 955 Huron Street, London ON
- ☀ 59 Ridout Street, London ON
- ☀ 37 Vanier Drive, Kitchener ON
- ☀ 49 Vanier Drive, Kitchener ON
- ☀ 19 & 21 Dalegrove Drive, Kitchener ON
- ☀ 75 Old Chicopee Drive, Kitchener ON
- ☀ 21 Holborn Drive, Kitchener ON
- ☀ 2292 Weston Road, Toronto ON
- ☀ 9, 19 and 23 Craigton Drive- Toronto ON

### Choose Your Neighbour!

Help your friend find the perfect home and choose your neighbour at the same time! Tenants who refer friends or family may be eligible for an incentive. See your Resident Manager for more information.

## This Is Your Newsletter...

This newsletter is for MetCap residents, and we want it to be helpful to you. Please let us know what you'd like us to provide in the newsletter. We're open to suggestions! Send your ideas to [customerservice@metcap.com](mailto:customerservice@metcap.com) or to Dellah Neequaye at MetCap Living Management Inc., 260 Richmond Street East, Suite 300, Toronto, ON M5A 1P4.

## Contest Entry Form

Name

Building

Suite #

Phone Number

Please provide your responses, by 5:00 pm on Sep 15 in one of two ways: Either complete the form above and fax it to 416-340-1593, or send an email to [contest@metcap.com](mailto:contest@metcap.com), making sure that your answers are numbered to correspond with the questions.