



Have you lost your JOB before March 15th?

You may be entitled to **Employment Insurance Benefits**

Apply if you meet the following criteria:

- Were employed in insurable employment
- Lost your job through no fault of your own
- Have been without work and without pay for at least 7 consecutive days in the last 52 weeks
- Have worked for the required number of insurable employment hours in the last 52 weeks or since the start of your last EI claim, whichever is shorter
- Are ready, willing and capable of working each day
- Are actively looking for work

For more information and to apply,
call: **1-800-959-2019** or **1-800-959-2041** or visit:

<https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html>

FOR MORE INFORMATION PLEASE CONTACT

MetCap's Resident Helpline: 1-877-638-2271
or customerservice@metcap.com