



# NEIGHBOURS

MetCap Living Residents' Newsletter | Autumn 2005

**WIN AN I-POD!**  
see below for details

## Hallowe'en At Home

Once again this October, MetCap Living building staff will be getting ready to hand out goodies to neighbourhood ghouls and goblins. All residents are encouraged to drop off their Hallowe'en treats with their Building Manager, before Hallowe'en night Monday October 31st. Popular treats this year include corn and potato snacks, granola bars, cheese strings, and of course, chocolate! Volunteers are welcome to help hand out goodies at the door and check out the children in disguise!

Residents with children are reminded that door-to-door trick or treating in the building is too noisy for many residents, so please bring your children to the lobby to collect the treats from your neighbours.



Hallowe'en 2004 at 125 Bamburg Circle

Children headed for the streets to trick or treat should:

- Dress in bright, coloured costumes, with a warm layer of clothing beneath, and comfortable walking shoes.
- Go out in groups and stay together, in well-lit areas.
- Take an adult with you and carry a flashlight.
- Stay outside and wait for your treat to be handed to you. Do not enter or reach into a home or apartment.
- Take your goodies home to be inspected by an adult before you start snacking!
- Always say thank you, it keeps the celebration going around!



Standard time resumes on Sunday  
October 30th. Clocks get set back an hour,  
and you can sleep in! Sweet dreams!

## Here we grow again!

Please join us in extending a warm welcome to our new MetCap Living neighbours at 191 and 201 Sherbourne St. in the downtown core, and at 1340, 1350 and 1360 Danforth Rd. in Scarborough. With the addition of these new addresses, MetCap Living now offers residents a choice of over 9000 apartments in 41 locations across the Greater Toronto Area. With everything from convenient TTC access to shopping and schools within easy reach, MetCap Living offers a range of suites priced to suit everyone's budget.

## Join our "Choose Your Neighbour" Campaign!



All residents are reminded that they can help their family and friends find a safe, friendly living environment close to the things that matter to them the most, all in one place, at MetCap.com. If you refer someone to MetCap and they are approved, when they move in, you will receive a cheque for **\$200** to spend as you please!

## FRPO Food Drive Results:

This spring's food drive gathered half a million pounds, that's 227,000 Kg of donations, in food and dry goods, from staff and residents in apartment buildings across Ontario. We extend our heartfelt thanks to all MetCap Living residents across the GTA who contributed to this phenomenal success.

## We Speak Your Language

If you find communicating in English difficult, and require assistance in your native language, please speak up!  
As a team, MetCap Living employees are fluent in over 30 languages! Visit our website for a complete list.  
Help is accessible Monday to Friday, 8 am to 4 pm,  
via the Residents' HelpLine at 1-877-638-2271  
or via email anytime, at [wespeakyourlanguage@metcap.com](mailto:wespeakyourlanguage@metcap.com)

# Newsletter Survey

**Enter and you could win an I-Pod!** Deadline for draw entries: Monday November 14th, 2005

Take a moment to tell us how you like your Resident's Newsletter. Answer the questions below, complete your contact information on the back of this entry, and return your answers to your Building Manager by November 14th. Good luck!

Is this newsletter interesting to read?  Yes  No

Does it provide valuable information about successful apartment living?  Yes  No

Are there any topics you would like the newsletter to address? \_\_\_\_\_

## Joking With Joe

Every MetCap resident has a responsibility to respect the security and privacy of their neighbours when using the parking facilities. Joe and Vesna recently swerved around some costly parking problems, all in the time it took to roll out the welcome mat.

"I'm counting down the days, Joe" sang Vesna with anticipation. "I've missed my Mum's laughter!"

"And I've missed her cookies!" chimed in Joe. "And ooh those fabulous smells when she bakes! The Diva of Delicious arrives tomorrow, right?" Joe inquired with enthusiasm.

"I hope so. She has a long drive into town, so she may be making a few stops along the way. That reminds me, where should we put her car?"

"Well, we could just park her car in Mr. Wong's spot beside ours in the daytime" Joe suggested. "He's never there. His parking spot is always empty when I walk past it."

"Now Joe, he pays for that spot, and it's meant to remain available to him at all times" reminded Vesna gently.

"You're right Vesna, It would be upsetting if he came home from work early and found we had just parked there uninvited."

"Besides Joe, I've heard that this new parking enforcement service, Shadow Security, will tow any unpermitted vehicle away in the blink of an eye, very responsive they are!" emphasized Vesna.

"Imagine the look on Mum's face if she went to the parking lot, only to find that her vehicle was taken away, just because she didn't know the rules. She loves that car!"

"That would be a difficult moment indeed" Joe considered at length.

"There'd be no cookies that day. Planning ahead is a kind way to say Welcome! And," Joe paused, "your Mum needs her freedom, so she can come and go at her leisure." Vesna smiled thoughtfully.

"If we have the license plate number, and the model of her car, we could register her a day ahead of time, to be certain that she gets a proper visitor's parking spot".

"I've already got the phone number for Shadow Security." Vesna said eagerly. "It's listed right here, in the letter we received from our Property Manager. Here it is! **416-644-0333**."

"A phone-in parking system! That should make it quick and easy to register any guests we have, day or night! We should keep that number handy on our refrigerator."

"It's much more convenient than going to our Building Manager like before" agreed Vesna. "Those folks have enough to do!"

"Quite true, Vesna. And how long will the Cookie Queen be staying?" Joe asked eagerly, reaching for the phone.

"Just a week this time. Then she is going to drive north to see the fall colours."

"A week it is" Joe smiled. "You get me the phone, and I'll do the rest. Then I must I get the cookie jar all cleaned out and ready to go..."

## MetCap Memos:



**This time of year, outdoor creatures try to move indoors for the winter. Use these tips to pest-proof your own suite quickly and simply.**

- Remove and recycle any corrugated grocery and moving boxes in your suite, to discourage nesting insects. Plastic crates or bins with lids are excellent storage alternatives.
- Bagged grains and boxed cereals are an invitation to dine! All of your food should be stored in plastic containers, tins and see-through jars. Foods stored in upper cupboards are less accessible than those stored under your counters.
- Frequently remove any food or debris accumulated under your fridge and stove.
- Use a sealed garbage can in your kitchen and wash the bin out often with antibacterial dish soap.

## Parking Politeness & Peace of Mind



- All visitor vehicles must be registered 24 hours a day for a maximum of seven days.
- Register with a simple call to Shadow Security at 416-644-0333. In accordance with new procedures implemented June 1st, 2005, you may register for up to seven days, with one quick phone call. If you need assistance using the new parking pass system, please contact your Building Manager or the Resident's Helpline.
- For guest visits over seven days you must purchase a Temporary Parking Pass from your Building Manager or Management Office.
- Any unregistered vehicle may be ticketed and/or towed away and impounded at the owner's expense.
- All personal belongings left in parked vehicles should be stowed away out of sight. As outlined in your Lease, MetCap Living Management Inc. is not responsible for loss, theft or damage to your vehicle, your visitors' vehicles, or their contents. The contents of your vehicle and of your own suite can be quickly insured with one call to your insurance broker.

### Important Numbers:

Fire and Medical Emergencies	911
Resident's HelpLine	1.877.638.2271
Parking	416.644.0333
Security	416.847.1177
After Hours Emergencies	416.340.0536

[www.metcap.com](http://www.metcap.com)

Resident Helpline:

1-877-METCAP-1 (1-877-638-2271)



260 Richmond Street East, Suite 300  
Toronto, Ontario M5A 1P4  
Tel: 416.340.1600 Fax: 416.340.1593

# Newsletter Survey feedback form

Name

Building Address  Suite #

Building Managers please forward to: MetCap Living, Head Office  
Attention: Kim Reid, Manager, Customer Service

Congratulations once again to Ms. Brandt, at 6020 Bathurst St. for her suggestion that we have a MetPhoto contest, making her the winner of the "Best Resident Suggestion" contest. A \$200 cash prize is on its way. Watch for the MetPhoto contest details in the Spring newsletter.