



NEIGHBOURS

MetCap Living Residents' Newsletter | Spring 2006

A Sticky Situation Made Better

February 12th 2006 was the Festival of Lanterns, one of the most important Chinese Festivals. We invited friends from the building to share the special night with us. When we were preparing to cook the Rice Glue Ball, a must have food at the Festival of Lanterns, our stove and oven suddenly stopped working. We went to the Superintendent's suite to ask for help. Even though it was a Sunday night, they came up and checked the stove within 5 minutes. After carefully inspecting the problem, they replaced the oven with a working one, solving our problem just in time! Our visitors, friends and family were all impressed by their efficiency. Because of our Superintendent's responsible work attitude, we could enjoy our Festival of Lanterns. It is nice that MetCap Living has such excellent employees. Thanks again!

- L. Yao, 470 Sentinel

New Fines For Smoke Detectors

A smoke alarm is a neighbourly noise! It says you care to protect yourself, and all those living around you, from the dangers of smoke inhalation.

The Ontario Fire Marshall's office recently reported that in 150 fires which resulted in fatalities between 1994 and 2005, 73% of those deaths were preventable - the smoke alarms on site had no batteries or had been tampered with. Thus, effective March 1st, 2006, the Ontario Fire Marshal's fine for having a non-functioning smoke alarm is \$235. Please test your smoke alarm right now by pushing the test button. If there is no sound, replace the battery. If it still does not work contact your building manager to obtain a replacement.

If your smoke alarm goes off while you are cooking, turn down the heat, wipe up the grease and fan the smoke out your balcony doors with a towel. But do not take the batteries out of the alarm.

All in-suite fires must be reported to your building manager immediately, whether or not you have been able to extinguish the fire yourself.

A Family Fire Safety Refresher

Please review the following fire safety tips with everyone in your suite.

When you hear a fire alarm, be ready to act quickly to protect yourself from the smoke first and foremost. It is always best to leave the building immediately, if you can do so safely.

DO NOT USE THE ELEVATORS.

1. Feel around your suite door for heat, and look for smoke coming in from the halls. If there is none, open the door a little to look into the hallway. If the hallway is clear, take your keys, lock your suite and use the stairways to exit the building, opening the entrance to the stairway a little at first, the same way you checked your suite door. If there is smoke in the stairwell, close the door quickly and try another set of stairs. If there is no clear stairway, return to your suite.

2. Smoke rises, so if your escape route becomes smoky, stay as low to the floor as possible and crawl to safety.

3. If you choose to remain in your apartment, keep smoke from entering by placing wet towels along the bottom of your door. Use duct tape to seal off any cracks around your suite door, and to cover over any vents and air ducts.

4. Hang a white sheet in your window or from your balcony to signal to rescuers where you are. Stay on your balcony for fresh air.

5. Do not wait for long after you hear the alarm, and don't leave when the alarm has been on for a while. The longer you wait, or the more you hesitate, the more time there is for dangerous smoke to build up while you are deciding to leave the building. Be quick, and be decisive.

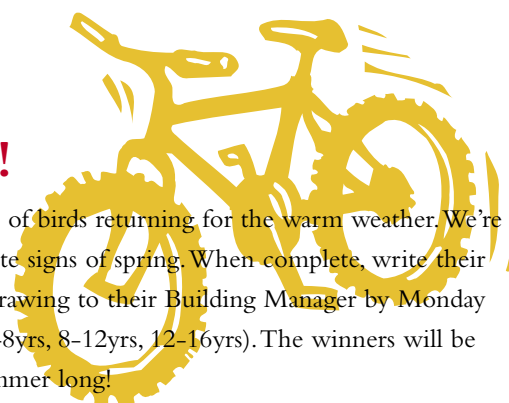
The above information about safe conduct and family fire drills was taken from www.firesafetycouncil.com.

We encourage all residents to visit the Fire Safety Council web site or the Ontario Fire Marshal's office at www.ofm.gov.on.ca.

Calling All MetCap Kids:

Send us a drawing and you could win bicycle!

For some, watching the flowers bloom is a favourite sign of spring. For others, it's the sounds of birds returning for the warm weather. We're inviting all MetCap children between the ages of 4 and 16, to draw a picture of their favourite signs of spring. When complete, write their full name, age, address and suite # on the back of this tear off strip and hand it in with the drawing to their Building Manager by Monday April 17th. The drawings will be judged on originality and colour in three age categories (4-8yrs, 8-12yrs, 12-16yrs). The winners will be listed in the Summer newsletter. So, get colouring and you could be wheeling around all summer long!



Vesna & Joe Get Fired Up For Safety

“Uh, Joe” Vesna called tentatively, “have you seen the state of our balcony lately?”

“Not really, dear. We have just been setting things out there, out of the way, all winter” admitted Joe. “Come to think of it, I haven’t actually seen our balcony floor since November!” he added, surveying the clutter they had gathered.

“Well” Vesna announced determinedly “this is a fire hazard if I ever saw one. Would you help me clear this lot away? You know, garbage to the garbage bins, storables to storage?”

“Can we get rid of that ugly polkadot patio chair while we’re at it?” Joe inquired hopefully. “I get a headache just looking at it, and it pokes at my old bones when I sit in it. It’s just not friendly furniture!” “Out with it, then!” agreed Vesna cheerfully as they set to clearing out all the debris and getting their balcony ready for the warm weather.

Standing back to admire their handywork, Vesna mused out loud “Are there any other things to think about, while we’re on the topic of fire hazards, Joe?”

“Well, I have been frying a lot of bacon lately” Joe reflected. “I should check for grease build-up under the stove burners, and on the bottom of our oven. Maybe a quick cleaning is in order.”

“Right then! While you do that, I will test the smoke alarm. It may need fresh batteries. Those old ones have been in there a while” Vesna hopped up willingly. “You just can’t be too safe about fire, especially in an apartment building!”

Paper and plastic bags tied to balcony railings are a fire hazard, and do not deter pigeon pests!



Pigeons can remain a problem well into summer. Keep your balcony or patio free of clutter that can provide nesting nooks. Remove pigeon droppings, feathers and debris using ordinary dish or laundry soap in water, and a stiff brush. This will discourage other pigeons from roosting!

- Allowing pigeons to take up residence around your suite is against the City of Toronto Health Code. Residents who permit pigeons to nest may be fined, and will incur additional charges for the costs of clean up.

- Any residents who wish to share a concern about pigeons on a neighbouring patio or balcony may do so anonymously via the Resident’s HelpLine at 1-877-638-2271.



Remember Daylight Savings Time:
Clocks move forward one hour
on Sunday April 2nd.

Welcome New Neighbours!

We extend a warm MetCap welcome to the residents at Parkwood Towers in St. Catharines, and at 15 Martha Eaton Way in the Black Creek Drive and Eglinton area of Toronto. Parkwood Towers is a friendly neighbourhood one kilometre from Port Dalhousie and the beach, and features 176 spacious suites, some with lake views. 15 Martha Eaton Way, features 364 bright sunny suites, an outdoor swimming pool, and great access to 401 and 400 highways and to the TTC. Remember that you can choose from over 9,000 suites at 47 MetCap Living addresses across Southern Ontario, in just one visit to www.metcap.com.

MetCap Memos:



Keep your neighbourhood looking good!

As winter fades into a warm, sunny spring we are asking all MetCap residents to do their part as we clean up our neighbourhoods for the longer periods of outdoor enjoyment that are right around the corner. Please use the litter bins provided outside your building entrances. Please report things like burned out light bulbs, crooked or fallen signs, broken doors or other little things that come to your attention, to your Building Manager. Let’s all work together to maintain our communities.

Did You Choose A Neighbour?

Please note, when you recommend a future resident, your referral bonus will be paid 4 to 6 weeks from their move-in date, not the date of your actual referral. We apologize for any confusion this may have caused. Naturally, your rental account needs to be up-to-date to receive a cheque rather than a credit to your account.

Important Numbers:

Fire and Medical Emergencies	911
Resident’s HelpLine	1.877.638.2271
Parking	416.644.0333
Security	416.847.1177
After Hours Emergencies	416.340.0536

www.metcap.com
Resident Helpline:
1-877-METCAP-1 (1-877-638-2271)



260 Richmond Street East, Suite 300
Toronto, Ontario M5A 1P4
Tel: 416.340.1600 Fax: 416.340.1593

Win A Bicycle

Name _____ Age _____
Building Address _____ Suite # _____

Building Managers please forward to: MetCap Living, Head Office
Attention: Esme Junaid, Manager, Customer Service