



# NEIGHBOURS

## MetCap Living Residents' Newsletter | Summer 2005

### School Is Out!!! NOW WHAT?

Roller blades, bicycles and skateboards, oh my! The streets and parks surrounding our buildings will soon be full of carefree youngsters and teens playing hard and giving their brains a well deserved rest from the routine of school. Now is the time to start planning some inexpensive family fun for the lazy days of summer ahead.

We set some of our finest minds to the task of finding interesting ways to spend a day without spending a dime this summer. Whether you cycle, walk or ride, right here in our own back yards there lies a world in a city, just waiting to be explored.

Who knew? Downtown Toronto has a zoo! For younger children, a free day at the Riverdale Farm is full of surprises. Full details of their interactive, hands-on activities for youngsters are available at 416-392-6794.

[www.city.toronto.on.ca](http://www.city.toronto.on.ca) is a City of Toronto website offering updated event listings all summer long! Watch for updates on jazz festivals, Caribana, Caravan, and a rainbow of family activities going on in any of Toronto's phenomenal public parks, from Scarborough to Etobicoke, the Beaches to North York!

Cyclists will find no end of paths to explore and trails to dominate, regardless of where they begin their day! [Ontariobikepaths.com](http://Ontariobikepaths.com) is a great resource for maps of the safest places to cycle this summer! Don't forget to refill your water bottle often!

If you have a hunger for some fabulous food, be sure to take in the Taste of The Danforth, running from Friday August 5th to Sunday August 7th, morning till night! With authentic foods that are fabulously inexpensive to sample, free music and charming vendors, this is one of Toronto's greatest street festivals.

Finally, one of the coolest places to be this summer will be Toronto's waterfront, where sights and sounds drift on cooler breezes coming off the lake. Feed some ducks, watch sailboats race, listen to free concerts, sit in a lakeside café, browse through the free art galleries, take a class, or stroll through the Antique Market. From Kingston Road in the east, to York and Queen's Quay downtown, and all the way to Sunnyside Beach in the west end, Toronto's waterfront is a feast for the ears and eyes. Don't forget to take your camera!

### The Last One In Is...?

Towel. Check. Sunscreen. Check. Snorkel and fins. Check. Sun hat. Check. Sandwich. Bad idea, might go soggy in the water. Pool ball. Check. Adult 16 or over? Uh oh....MOM? DAD?

Outdoor swimming pools officially open on July 1st and are open to swimmers of all ages. Parents are reminded that all swimmers under aged 12 will require adult supervision while using MetCap pools to stay cool this summer. Swimmers headed to the pools at Parkway Forest in North York and Pacific Way in Mississauga will require a pool tag from their Building Manager.

All swimmers are reminded to review the pool rules posted at each site, and read the rules aloud to minors. Please follow the usual neighbourly guidelines and set a good example to our children. Aside from squeals of joyous laughter, try to keep your shouting to a minimum, and your use of profane language at zero. Please remove any litter you bring with you when you leave!

Oh, and the last one in is... still dry!

### Resident Referral Bonus Gets A Raise!

MetCap's referral bonus, payable to any resident that refers another approved tenant to us, has just been doubled, to \$200!!! Next time you hear of someone looking for a clean, quiet place to live, send them to [www.metcap.com](http://www.metcap.com). The website features over 40 properties, complete with floor plans and suite prices. Simply have the applicant provide your name, suite number and address on their rental application. When they have moved in, MetCap will send you a \$200 thank you cheque! It's your chance to choose your own neighbours and earn some summer spending money!

MetCap Living's Resident Helpline fielded over 200 inquiries again this spring, providing assistance on topics ranging from parking to pool opening. The Helpline is staffed from 8:30 a.m. to 4:00 p.m., Monday to Friday. Voice Mail is available after hours and on weekends. Residents should address their concerns to their Building Manager first, and then call the HelpLine at 1.877.638.2271 if further assistance is required.

### Best Resident Suggestion



### Contest. First Prize: \$200.

In our continued quest for total resident satisfaction, we invite all MetCap residents to continue sharing their ideas through the Best Resident Suggestion Contest. Entries will be judged on creativity, affordability, and overall benefit to the widest range of MetCap residents. The winner will be announced in the next newsletter.

If you have an idea that will benefit the comfort, convenience or safety of fellow MetCap residents, please share it with us! Complete the Entry Form on the back of this coupon, and return it to your Building Manager before August 15th, 2005. Good luck!

## Household Hints

Your neighbourhood is about to fill with the sights and sounds of children and young adults getting on with their summer. Add in a balcony party and your neighbours might suddenly sound a lot closer than you think! Just yesterday Joe was talking it over with his wife Vesna while they were sitting on their balcony having dinner.

“Goodness gracious Joe, will you listen to that racket!”

“I can’t help but listen, Vesna! Those folks will go deaf, to be sure!” shouted Joe.

“I suppose we were that age once” offered Vesna helpfully.

“True enough Vesna, but they didn’t build speakers like that in our day! That’s loud enough to blow the hair off a dog!” Joe added.

“Well it does seem a bit rude, doesn’t it? I wonder if they would like to hear Elvis or Bing Crosby at that volume?”

“I don’t like listening to Bing Crosby at any volume” smirked Joe.

“Regardless, I can’t concentrate on my dinner! I think I will just go and ask them to turn it down for a while”.

And that’s what Joe did. He knocked on his neighbour’s door, explained how the noise was disruptive, and politely asked if he could have some peace and quiet for an hour or so. His neighbour was most understanding. And that took care of dinner hour.

Later that evening, as Vesna was taking off her makeup and Joe was brushing his teeth, the music started up next door again! By 10 pm, it was unbearably loud.

“There’s a limit to what I can sleep through” groaned Joe from underneath his pillow.

“When I was young and wanted to have a party, I wrote little notes to all of my neighbours in the apartments around me, telling them to expect more noise than usual” Vesna offered thoughtfully. “That way, they had a choice to make plans to be out for the night.”

“Well, for now I am going to pull the head of our bed away from this wall, and in the morning I am going to ask them to move those infernal speakers to the opposite wall of their living room!”

“As considerate neighbours, we are not supposed to make any invasive noise between 11 p.m. and 7 a.m.” Joe rambled on. “If this goes on after midnight, I am going to call the Noise By-Law Office listed on our Building Directory.”

“That’s a good idea, Joe” added Vesna, settling in. “I just picked a new one up from our Building Manager.”

“Sweet dreams, Vesna” Joe mumbled sleepily.

“Hey, Joe” Vesna whispered, “did you let in our hairless dog?”

## Your Best Suggestions

There were two first place winners in the Spring suggestion contest. Congratulations to Ms. Brandt of 6020 Bathurst Street, and Ms. McGie at 125 Bamburgh Circle. Both suggestions incorporated aspects of a Community Day meet and greet, including games for the children and possibly a building-wide garage sale. The judges loved the idea so much that they are planning a start-up kit for our Building Managers. Next Spring, watch for posters and volunteer to make your Community Day MetCarnival fun for everyone! For their thoughtful suggestions, a \$200 cheque is on its way to each of these ladies.

Other resident suggestions included modifications to individual sites and a very helpful suggestion to provide voice mail access to our Property Managers. We are working on that one as we speak! These residents will be sent a sporty MetCap Cap, with our thanks! The improvements are continuous, so keep your suggestions coming. You might be our next winner!

## MetCap Memos:



Take good care of your visitors! Effective June 1st 2005, all residents must call Shadow Security at 416-644-0333 to register their visitors’ vehicles for overnight parking. Any unregistered visitor vehicles may be towed away.

**It’s grilling’ time again!** Residents are reminded to restrict their outdoor cooking surfaces to simple charcoal or electric barbecues and hibachis. Fire and safety regulations clearly state that propane tanks may not be transported through the building, under any circumstances. Be sure to place your outdoor grill away from balcony walls and furniture, and please don’t leave a lit grill unattended. Bon appetit!

**Interac Is Back!** We are pleased to announce that residents may now use their debit cards to pay their rent via Interac at the following locations:  
Parkway Forest: In the management office at 130 George Henry Blvd.  
Maple Grove Towers: In the management office at 470 Sentinel  
At 15 Dundonald Street, 125 Bamburgh Circle and 1340/1350/1360 Danforth Road, Interac is available in the Building Managers’ offices, on the ground floor, at each site. Interac will be added to other MetCap offices throughout this year!

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|---------------------------|------------------------------|----------------|
| <b>Important Numbers:</b> | Fire and Medical Emergencies | 911            |
|                           | Parking Enforcement          | 416.644.0333   |
|                           | Security                     | 416.847.1177   |
|                           | After Hours Emergencies      | 416.340.0536   |
|                           | Resident’s HelpLine          | 1.877.638.2271 |



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[www.metcap.com](http://www.metcap.com)

## Best Resident Suggestion Contest

Please print clearly

Resident Name

Address & Suite #

Your Suggestion:

Please return your completed entry form to your Building Manager before August 15th, 2005. Good luck!