



# Neighbours

Spring 2009

METCAP LIVING RESIDENTS' NEWSLETTER



## Recycling Program for Toronto Buildings

Residents of MetCap Living buildings in Toronto are required to participate in the City of Toronto's newly expanded recycling program. Including apartment tenants in the program will put the City closer to achieving its 70 percent waste-diversion target by 2010. We are very pleased to be able to contribute to that impressive goal.

Information specific to each building is detailed in a letter distributed to residents. If you haven't received your recycling information or bins, don't worry; they will be delivered soon. If you have misplaced your letter, contact your building manager to receive another copy. Details related to the location of recycling containers vary from building to building, but other information can be summed up as follows:

- A list of recyclable materials was provided with the letter you received about the introduction of the recycling program. Any waste item not on the list is not recyclable and should be put in the garbage. Non-recyclables in the recycling containers are considered contaminants and could cause the whole load to be treated as garbage.
- You do not have to sort your recyclables. Items will be sorted and separated by the City at its processing facility.
- Corrugated cardboard should be flattened and tied into 2' x 2' x 1' bundles that are to be placed in the recycling area of your building.

Taking part in the recycling program in your building is easy. Use the bin in your suite until it's full, then empty it in a container in the recycling area. The program is designed to be convenient to ensure that people participate. Please join in!

Those of you who want to do more in the way of recycling should note the websites of these organizations that accept various used computer and IT items, including cell phones, ink cartridges and computer equipment:

- Call2Recycle – [www.rbrc.org](http://www.rbrc.org)
- Canadian Diabetes Association – [www.diabetes.ca](http://www.diabetes.ca)
- Electronic Recycling Association – [www.era.ca](http://www.era.ca)
- Interval House – [www.intervalhouse.on.ca/get\\_to\\_know\\_us/donate\\_door\\_in\\_kind.html](http://www.intervalhouse.on.ca/get_to_know_us/donate_door_in_kind.html)
- Oasis Addiction Recovery Society – [www.oasismovement.org](http://www.oasismovement.org)
- ReBoot Canada – [www.rebootcanada.ca](http://www.rebootcanada.ca)
- Renewed Computer Technology – [www.rcto.ca](http://www.rcto.ca)

- Salvation Army – [www.nro.salvationarmy.ca](http://www.nro.salvationarmy.ca)
- SKETCH - Working Arts Studio for Street Involved and Homeless Youth – [www.sketch.ca](http://www.sketch.ca)
- thINK FOOD – [www.think-food.com](http://www.think-food.com)

## Winners of the Winter Family Picture Drawing Contest

- Rayman Arjune, of 25 Cougar Court
- Pierre Wirawan, of 100 Parkway Forest

Both winners received a Shoppers Drug Mart gift card valued at \$250.



*Pierre Wirawan's winning photo, the "Three Little Artists", features his three children and their original artwork.*

## MetCap Residents Can Join AutoShare for Only \$75

If you don't own a car but would find it helpful to use one now and then, consider car sharing through AutoShare. You can rent a clean, modern car by the hour whenever you need one. And, as a MetCap resident, you can now join AutoShare for just \$75, a \$50 saving on the standard one-time membership fee of \$125.

AutoShare vehicles are available on-site at numerous MetCap properties, as well as at more than 100 locations in Toronto. Members can access cars on a self-serve basis 24 hours a day.

Available cars range from Mini Coopers to passenger vans, and include luxury models and hybrids. Members can choose to offset the CO2 emissions from their driving for an extra five cents per kilometre.

For more details about this service and MetCap's special discount, visit [www.autoshare.com/metcap](http://www.autoshare.com/metcap).

## MetCap Recycling Slogan Contest

Have a good idea for a catchy slogan that sums up MetCap's new recycling program? We want a brief, original tagline that can be used on flyers, boxes and other items in MetCap buildings. Send your suggestions for a one-line slogan to your building manager by 5:00 pm on June 5, 2009.



If your slogan is chosen, you'll win a recycling package that includes the following items and more:

- A paper shredder
- A Brita® water-filtration system
- Extra Brita water filters
- Reusable plastic containers
- A MetCap stainless-steel water bottle

# Vesna and Joe: An Ode to Recycling

Vesna and Joe received a letter  
About a program to make Toronto better.  
Recycling information provided in a list  
Showed Vesna and Joe the program's gist.

Recycling, they agreed, would be their new role  
To help Toronto meet its waste-diversion goal.  
It's certainly not hard, they thought,  
To do our bit with the things we've bought.

Plastic, cardboard, paper and tin  
Should all make their way into the bin.  
Then once a week or as per our need,  
We'll empty the bin and do our good deed.

We'll decrease our waste  
As it is replaced  
By things that go into the bin.  
"Then, Vesna," said Joe,  
"As we already know,  
Everyone in T.O. will win."

## Resident Gives A Helping Hand!

Now, putting the shoe on the other foot, we want to acknowledge the good work of a resident at 35 Fountainhead Road. Patricia, who became a MetCap resident in April 2007, regularly volunteers her time in the building to decorate the lobby – at Christmas, Valentine's Day, Easter and Halloween, for example – arrange Halloween and Christmas parties for children, and work with staff to keep the building clean and tidy. With Patricia's help, her building won MetCap's Halloween-decorating contest in 2007.

Thanks, Patricia, for giving your time to make 35 Fountainhead a fun and neighbourly place to live.

## MetCap Memo

### Good Neighbours

**1. Pigeons Don't Belong on Balconies** – Please deter pigeons from nesting on your balcony. If you discover that pigeons are making a home there, please let your building manager know. Remember, pigeons carry disease that could make you or your neighbours ill.

**2. Apartment Living Can be for the Dogs!** – While it's a little more complicated having a dog in a building than it is in a house, it can be done well by people who keep their dogs' – and their neighbours' – needs in mind. Keep your dog on a leash when it's not in your suite and, to avoid "accidents" in the building, time your walks to meet your dog's needs. Always stoop and scoop! If an urgent need to get outside strikes your dog and you can't make it to the building's grounds, use the balcony but be sure to clean it immediately afterwards. And when you clean it, remember your neighbours below!

**3. Windows and Warm Weather** – Please be sure to contact your building manager to get a consent form if you want to install a portable air conditioner in your suite. Also, inform the building manager if any of your windows are missing screens or restrictors, as these are essential safety requirements.

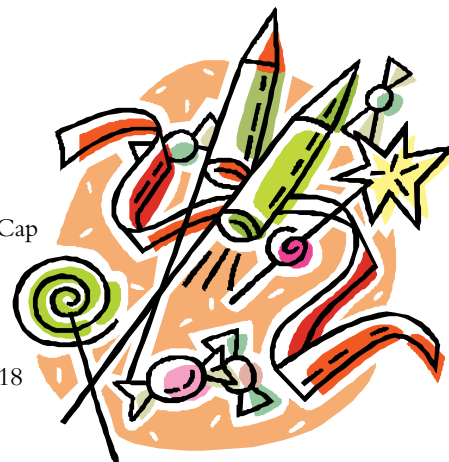
### The first day of summer is June 21. Enjoy!



#### Office Closures

Please note that the MetCap Living Corporate Office will be closed on the following holidays:

- Victoria Day – May 18
- Canada Day – July 1



## Important Numbers:

Fire and Medical Emergencies	911
Resident Helpline	1.877.638.2271
Security	416.847.1177
After-Hours Emergencies	416.340.0536

[www.metcap.com](http://www.metcap.com)

Resident Helpline:

1-877-METCAP-1 (1-877-638-2271)



260 Richmond Street East, Suite 300

Toronto, Ontario M5A 1P4

Tel: 416.340.1600 Fax: 416.340.1593

# MetCap Recycling Slogan Contest

## Entry Form

Name \_\_\_\_\_ Age \_\_\_\_\_

Building Address \_\_\_\_\_ Suite # \_\_\_\_\_

Telephone Number \_\_\_\_\_

Please submit to your Building Manager or e-mail to [customerservice@metcap.com](mailto:customerservice@metcap.com) by 5:00 pm on June 5th, 2009.