

Neighbours

SPRING 2014

Spring is in the air!

Let's all cheer for the belated arrival of the spring season! Colourful flowers will start soon bursting out, the weather is getting warmer and it is now time to get out and enjoy it while beginning to plan our spring outdoors activities. Whether your favourite activity is golfing or cycling, it is now time to get ready by polishing your clubs while visualizing your first teeing off or by tuning up your bike while looking forward to your first ride of the season. And for those simply aiming for a more relaxing leisure, let's get out and energize yourself while walking in your neighbourhood and use this opportunity to catch up with people you know, to take time to see new places and to exercise.

Hurray for spring!

Making every day Earth Day



April 22 was Earth day. Earth Day is the largest environmental event in the world. You can make your own contribution in saving the planet simply by conserving water, energy and waste. Do not miss opportunities like this to participate in Earth Day celebrations in your own community. You can easily reduce your carbon footprint by eliminating a collection of some sundry items that have piled up over years and not throwing away anything that can be re-used or re-purposed.

Tips to help reduce waste:

- ❖ Check each faucet and toilet for drips and leaks and report any problem to your Resident Manager or Office staff.
- ❖ Reuse, Reduce and Recycle – To be really effective, we need to incorporate the 3Rs into our daily routine, which means reducing and reusing materials and packaging wherever possible. Materials and packaging that cannot be reused at home should be recycled.
- ❖ Try to reduce the amount of waste generated in your suite (e.g., buying in bulk, refusing junk mail/flyers deposited in your mailbox, using reusable containers for storage, using natural cleaners as opposed to hazardous materials for household cleaning).
- ❖ You and your relatives can also recycle newspapers, cardboard, pizza boxes, fine paper, aluminum cans, glass/plastic bottles and other materials.
- ❖ Consider purchasing durable products. We can help reducing our carbon footprint by purchasing and repairing, whenever possible, durable products that we can use instead of disposables.

Winner of the Neighbours Winter Contest: For Kids Only

Tenay Newell from Toronto won the Winter contest in the last issue of Neighbours. Her drawing titled "A drawing state of mind" was selected among all those received. Tenay will receive a prize valued at \$500 for a stay at Great Wolf Lodge, in Niagara Falls, Ontario. Congratulations to her and we wish to thank all children who also participated.

This Is Your Newsletter...

This newsletter is for MetCap residents, and we want it to be helpful to you. Please let us know what you'd like us to provide in the newsletter. We're open to suggestions! Send your ideas to customerservice@metcap.com or to Dorothy Parsons at MetCap Living Management Inc., 260 Richmond Street East, Suite 300, Toronto, ON M5A 1P4.

Neighbours Contest

In keeping with the theme of celebration, why not pay tribute to the dedicated staff of your building. To do so, all MetCap residents are invited to enter the spring 2014 Neighbours contest. All you need to do is simply write a short note about your favourite building staff by describing briefly what makes them very special to you. You can email it to Customer Service at customerservice@metcap.com or just mail it to Dorothy Parsons at 260 Richmond St. East, Suite 300, Toronto, Ontario M5A 1P4. One winner will receive a prize valued at \$200.

Contest Entry Deadline: June 15, 2014.

Winner will be notified by telephone by June 30.

Important Numbers:

Fire and Medical Emergencies 911
Resident Helpline 1.877.638.2271
Security 416.847.1177 (GTA only)
After-Hours Emergencies 416.340.0536 (GTA only)
(outside of the GTA) 1.866.511.0536



260 Richmond Street East,
Suite 300
Toronto, Ontario
M5A 1P4
Tel.: 416.340.1600
Fax: 416.340.1593

MetCap Memo

When is my rent payment due?

Please remind that the payment for your rent is due on the first day of each month. Payment can be made by cheque, certified cheque or money order provided to your Resident Manager. For further details, please refer to our Welcome Home Brochure.

Maintenance Request Forms

In order to make sure that your repair requests are handled promptly, please fill out a Maintenance Request form that is available from your Resident Manager and at www.metcap.com on the "Resident Assistance" page. When doing this, please keep a copy for your records and provide the remaining copies to your Resident Manager for his or her follow-up. By following this simple procedure, you will make it possible for us to resolve any maintenance issues you may have.

New MetCap Properties

Welcome to residents in these buildings recently added to the MetCap portfolio:

New Brunswick

151 Queen St, Fredericton
155 Mystery Lake Dr., Saint John
Reading & Roxbury, Saint John
411 Ellerdale Street, Saint John
1 & 5 Alpha Place, Saint John

Nova Scotia

14 Jackson Road, Dartmouth
15 Kennedy Drive, Dartmouth
28 & 30 Primrose Street, Dartmouth
44 Primrose Street, Dartmouth
104, 106 Albro Lake Rd, Dartmouth
127 Slayter Street, Dartmouth

Ontario

32 Maynard Avenue, Toronto
118 Tyndall Avenue, Toronto

For those that are not aware of it, through its Resident Referral Program, MetCap Living offers a rare opportunity to choose your neighbour! Any time your friends, family, co-workers or contacts are contemplating moving to a new residence, invite them to check out MetCap Living. Once an application has been approved and your new neighbours have moved in to their suite, you will be eligible to receive an incentive, our way of saying "thank you for sending us good neighbours."

All you have to do is to contact your Resident Manager for more details about this program.

Corporate Office Closures (Spring & Summers periods)

MetCap's head office will be closed on:

- ❖ Victoria Day - May 19, 2014
- ❖ Canada Day - July 1, 2014

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to find out how your building can qualify.

We look forward to meeting your furry friend, and you too of course.
Bonnie and the PAWdicure® team

Contact: 647-470-5912

Email: bonnie@pawdicuremobile.com

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