

# neighbours

METCAP LIVING RESIDENTS NEWSLETTER

## Welcome, Spring!



Spring is a breath of fresh air after the long nights of winter. The days are longer, the sun is out, rain means budding blooms—what’s not to love?

In this issue we’re diving into all things Spring. We’ll go over tips for conserving water and energy, offer suggestions to help you prepare for the warmer months and share some helpful reminders.

### Earth Day is everyday



Taking care of the world we live in is everyone’s responsibility. Our small, consistent habits can have the biggest impacts. Being mindful of our water and energy use is a great place to start.

**1** The average Canadian household used over 200 litres of water per person. Leaks can significantly increase usage and contribute to water waste. Please submit

maintenance requests right away for any leaks.

- 2** Damaged window and door screens can lead to increased energy use. Report rips, broken latches or any other maintenance concerns by completing a maintenance request form at [www.metcap.com/portal](http://www.metcap.com/portal).
- 3** Opening windows for increased airflow or closing curtains can help regulate temperature without depending on AC units
- 4** Unplug appliances you aren’t using.
- 5** Make sure fridge and freezer doors are closed properly.
- 6** Remember to turn off lights when not in use or when leaving your unit.

### FIREWORKS



Long weekend season is upon us. We want to remind residents that fireworks can be extremely dangerous and cannot be used on MetCap properties. This includes on your balconies or any outdoor spaces around the property.



# SPRING CONTEST

What’s your must-do activity during summer, one that you never skip? Let us know for your chance to win a prize worth up to \$250!

Send us your entries along with your name, address and phone number via email to [contest@metcap.com](mailto:contest@metcap.com).



## Balcony Etiquette



As the weather gets warmer, here are a few reminders related to balcony etiquette.

- Do not throw or sweep things off your balcony.
- Barbecues use are prohibited on balconies due to fire risk.
- Remove anything that small children can climb on. Always keep an eye on children when they are outside on the balcony.
- Refrain from spilling water over the edge of your balcony while cleaning or watering plants.
- Do not hang planters or plants off the side of your balcony railing.
- Secure items which can fly away.
- Discourage pigeons and other small animals from nesting on your balcony.
- Clutter on balconies should be removed for fire safety purposes.

## Know Where it Goes



Recycling and compost are key ways to minimize waste.

Here are a few tips to keep in mind:

- Check posted signs to understand which items can be recycled at your site.
- Utilize compost bins where possible for food waste.

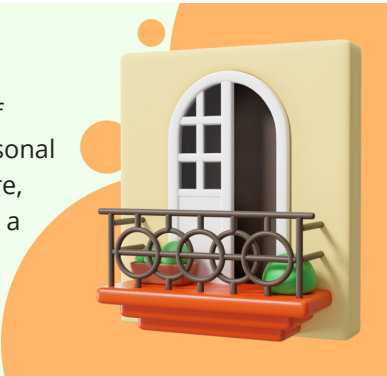
Most municipalities share information on how to dispose of your waste in the proper manner. Check your city’s website for more information.

### OFFICE CLOSURES

April 18, 2025 - Easter  
(BC, ON, NS & QC)  
May 19, 2025 Victoria Day  
(BC & ON)  
June 24, 2025  
Saint- Jean Baptiste Day - QC

## TENANT INSURANCE

Tenant insurance is a very critical component of renting a property. It could help cover your personal property against common risks such as theft, fire, flood and loss. We request that tenants provide a copy of their tenant insurance agreements to their Resident Managers for their records at [resident.insurance@metcap.com](mailto:resident.insurance@metcap.com).



## WINTER CONTEST WINNERS

Congratulations to the winners of our Winter contest winners! Here are the entries.

**Kim H. Toronto, ON**

*I’ve been here for 20 years and a lot of people have been around for that long so everybody really knows everybody and helps each other out. Like neighbours should! That’s what I like about my building.*

**Jasmin R. Oshawa, ON**

*The Superintendent Ivana, her spouse Marko and the Assistant Superintendent Bailey treat the residents like family. The building is kept pristine at ALL TIMES thanks to the tireless efforts of Marko. Hats off to the management team for a job well done!*

**Owen V. Toronto, ON**

*I love the staff that work so hard to keep the shared areas clean for us all. My favorite thing about my new place is the view, the open feel of the apartment is only the start, we have a great location right next to and overlooking Taylor Creek. We can see the creek and all the people and animals that enjoy the green space.*

**Ahona and Ayush Nova Scotia**

*What makes our building special is amazing neighbours and great community events, like the Potluck that Gina recently organized.*

**Sohaib Naseem Burnaby BC**

*More than a residence, our building offers a feeling. The feeling of effortless living, with every convenience at your fingertips. The feeling of well-earned relaxation, within our gym and pool. But most importantly, the feeling of connection. Our incredibly special pond and park is a place where you can reconnect with nature, with yourself, and with a sense of peace that is increasingly rare. It is a place that elevates everyday living into something truly extraordinary.*

## IMPORTANT NUMBERS

**Fire and Medical Emergencies:**  
911  
**Resident Helpline:**  
1-877-638-2271

**After Hours Emergencies:**  
416-340-0536 (GTA only)  
or 1-866-511-0536