

neighb^ours

METCAP LIVING RESIDENTS NEWSLETTER

Summer is finally here!



The scent of sunscreen. Biting into a juicy slice of watermelon. Shrieks at the splashpad. Long, lazy days. These are just some of the things that come to mind when you think of summer.

We're diving into this issue of Neighbours with helpful reminders to help all residents have a safe and fun summer. For example, did you know your local municipality offers cooling centres to help beat the heat? Or that many local festivals and events are free? Also in this issue you have the opportunity to win a prize worth \$250. Read until the end to learn how.

Making the most of summer



What's your favourite memory of summer? Was it eating ice cream with your friends? Going on long bike rides? There's so much to do during the longer, warmer days. Here are some things that you can try:

- 1 Attend a free class at the library or community centre.
- 2 Start or join a walking group with your neighbours.
- 3 Visit the local swimming pool or splash pad
- 4 Master the monkey bars at your local park.

AC INSTALLATION



Please obtain approval from your Resident Manager if you are planning to install air conditioning units this summer. All installations must be done by a certified professional to ensure units are safely installed. We recommend using AC units that are the same or similar to the ones used at our properties. In addition, please make sure your AC is not dripping water on to the apartments below.

Balcony safety

Your outdoor space is an extension of your home. Many residents enjoy using their outdoor spaces but safety is key:

- Never leave children unattended.
- Do not climb or sit on balcony railings.
- Do not use propane and electric barbecues on balconies.
- Ensure all tripping hazards are removed.
- Do not use ladders, stools or other objects that can be used for climbing especially near railings.

HOME MAINTENANCE

Window screens and window restrictors are critical safety features. Please report any damage to window screens or issues with missing window restrictors to your Resident Manager or submit a request via www.metcap.com/portal.

SUMMER CONTEST

We want to know what brings you joy during the summer months. Share your thoughts for your chance to win a prize worth \$250!

Send us your entries along with your name, address and phone number via email to contest@metcap.com.



No pests no problem



The best pest control is pest prevention. Here are some easy things you can do to keep the pests at bay:

- Keep indoor and outdoor spaces clutter-free.
- Report any issues with doors and windows to your Resident Manager right away or submit a request through www.metcap.com/portal.
- Wash, dry and put away dishes right away.
- Store food properly in the appropriate containers.
- Take out the trash regularly. Remember, a garbage bag a day keeps the pests away.

IMPORTANT NUMBERS

Fire & Medical Emergencies: 911
Resident Helpline:
1-877-638-2271
After Hours Emergencies:
416-340-0536 (GTA only)
or 1-866-511-0536

Pet care



Pets are a beloved part of the MetCap family. This is why it's important we all do our part to ensure everyone can enjoy common spaces to the fullest. To do this we're sharing a few things we'd like you to be mindful of:

- Make sure dogs are on leashes when outside of your unit and in common areas.
- Clean up after your pets. If they poop, you need to scoop.
- Your pets' behaviour while around other animals and people.
- Use the appropriate equipment to transport pets through common areas.

Please do your part to ensure the safety of other pets and residents.

OFFICE CLOSURES

July 1, 2025 (Canada Day)
August 4, 2025 (Civic Holiday)
September 1, 2025 (Labour Day)



SPRING CONTEST WINNERS

Congratulations to the winners of our Winter contest winners! Here are the entries.

Beverley Mississauga, ON

My building has great staff and management. I enjoy meeting awesome people while working in the community garden and attending the church potluck. The diversity of the event brings harmony and love in our neighborhood.

Michelle Vancouver, BC

Summers are short in Vancouver, so when the sun is out I try to spend as much time as I can outside. I go to the beach with my friends. We play volleyball, spend hours sun bathing and watch the beautiful sunset.

Owen V. Toronto, ON

I love the staff that work so hard to keep the shared areas clean for us all. My favorite thing about my new place is the view, the open feel of the apartment is only the start, we have a great location right next to and overlooking Taylor Creek. We can see the creek and all the people and animals that enjoy the green space.

Beverlee Kingston, ON

My must-do activity during summer is pruning, watering and nurturing my garden. But it is more than just an activity—it adds purpose, meaning and joy to my life. I never skip a day of admiring the beauty of nature—right outside my door, and in my own backyard!

Manish Toronto, ON

Every summer, I never skip watching the sunrise at least once barefoot on the beach, coffee in hand, wrapped in a blanket, just listening to the waves and feeling the world wake up. It's my reset button, my personal tradition, and the one moment I always make time for no matter where I am.

Banarsi Toronto, ON

Summer is all about spending time outdoors with my family. It's the season we look forward to all year long—filled with hiking scenic trails, going on camping trips, and soaking up the sun at the beach. These activities are not just fun; they're how we bond, recharge, and create some of our most cherished memories together.

TENANT INSURANCE

Tenant insurance is a very critical component of renting a property. It could help cover your personal property against common risks such as theft, fire, flood and loss. We request that tenants provide a copy of their tenant insurance agreements to their Resident Managers for their records at resident.insurance@metcap.com.

